

Christine Rosenbloom, PhD, RDN, FAND

Dr. Rosenbloom is president of Chris Rosenbloom Food and Nutrition Services, LLC. She enjoys working with a variety of food and nutrition partners to synthesize nutrition research literature and develop communications for health professionals and consumers. She is the author of the award-winning consumer book (with Dr. Bob Murray), *Food & Fitness After 50*, featuring information on eating well, moving well, and being well for adults in their 50s, 60s, 70s, and beyond. She supports the messages in the book with a weekly blog, Fit to Eat.

Dr. Rosenbloom is a professor emerita of nutrition at Georgia State University, where for 30 years she held various teaching and administrative positions, including department chair and associate dean. She was the sports dietitian for athletes at the university and volunteered with the Hart County High School to provide nutrition services to young athletes.

As an active member of The Academy of Nutrition and Dietetics, she was honored with the Medallion Award in 2019 for lifetime achievement. She chaired the Academy Positions Committee for two years, chaired the Sports, Cardiovascular and Wellness Nutrition (SCAN) practice group; edited two editions of *Sports Nutrition: A Practice Manual for Professionals* and served as assistant editor for the 6th edition. She was an Academy spokesperson for eleven years.

She received a Bachelor of Science in food and nutrition from Kent State University (Ohio) in 1973 and completed her dietetic internship at the University of Minnesota in 1974. Her doctorate was earned in sociology with a gerontology concentration from Georgia State University in 1989.

She lives on Lake Hartwell in Georgia with her husband, Rob. She has a big dog and remains functionally fit so that she can lift a 50-pound bag of dog food.